

Full statement from the Center on Budget and Policy Priorities:

“For SNAP recipients, who face limited budgets, their spending on dietary supplements would likely substitute for food. SNAP benefits are already modest, averaging about \$1.40 per person per meal, so diverting food spending to supplements — which can be costly and are not regulated in a way that guarantees their efficacy — could leave participants hungry without improving their nutrition.

A more effective way to improve SNAP participants’ nutrition would be to make the SNAP benefit more adequate. A large body of research suggests that SNAP benefits are inadequate. Increasing participants’ purchasing power would improve both food security and diet quality.”